



Worcester County Swimming Association County Swimming Championships 2025



Sunday 12th January 2025, WV Active, Wolverhampton							
Session 1: Warm up 09.30, Start 10.00				Session 2: Warm-up Estimate 12.30, Start 13.00			
Open / Male	& Female	1500m Freestyle	HDW	Open / Male	& Female	800m Freestyle	HDW
Saturday 25th January 2025, Sandwell Aquatics Centre, Sandwell							
Session 3: Warm-up 09.00, Start 10.00				Session 4: Warm up Estimate 13.15, Start 14.15			
Female	100m	Backstroke	Heats	Female	50m	Backstroke	Heats
Open/Male	50m	Freestyle	Heats	Open/Male	100m	Freestyle	Heats
Female	400m	Freestyle	HDW	Female	200m	Butterfly	HDW
Open/Male	200m	Butterfly	HDW				
Age Group Finals				Age Group Finals			
Female	100m	Backstroke	Final	Female	50m	Backstroke	Final
Open/Male	50m	Freestyle	Final	Open/Male	100m	Freestyle	Final
Sunday 26th January 2025, Sandwell Aquatics Centre, Sandwell							
Session 5: Warm-up 09.00, Start 10.00				Session 6: Warm up Estimate 13.15, Start 14.15			
Open/Male	100m	Breaststroke	Heats	Open/Male	50m	Backstroke	Heats
Female	50m	Freestyle	Heats	Female	100m	Freestyle	Heats
Open/Male	200m	Individual Medley	HDW	Open/Male	200m	Breaststroke	HDW
Female	400m	Individual Medley	HDW				
Age Group Finals				Age Group Finals			
Open/Male	100m	Breaststroke	Final	Open/Male	50m	Backstroke	Final
Female	50m	Freestyle	Final	Female	100m	Freestyle	Final
Saturday 1st February 2025, Sandwell Aquatics Centre, Sandwell							
Session 7: Warm-up 09.00, Start 10.00				Session 8: Warm up Estimate 13.15, Start 14.15			
Open/Male	100m	Backstroke	Heats	Open/Male	200m	Backstroke	HDW
Female	50m	Butterfly	Heats	Female	100m	Butterfly	Heats
Open/Male	400m	Freestyle	HDW	Open/Male	50m	Breaststroke	Heats
Female	200m	Breaststroke	HDW	Female	200m	Individual Medley	HDW
Age Group Finals				Age Group Finals			
Open/Male	100m	Backstroke	Final	Open/Male	50m	Breaststroke	Final
Female	50m	Butterfly	Final	Female	100m	Butterfly	Final
Sunday 2nd February 2025, Sandwell Aquatics Centre, Sandwell							
Session 9: Warm-up 09.00, Start 10.00				Session 10: Warm up Estimate 13.15, Start 14.15			
Female	100m	Breaststroke	Heats	Female	200m	Backstroke	HDW
Open/Male	50m	Butterfly	Heats	Open/Male	100m	Butterfly	Heats
Female	200m	Freestyle	HDW	Female	50m	Breaststroke	Heats
Open/Male	400m	Individual Medley	HDW	Open/Male	200m	Freestyle	HDW
Age Group Finals				Age Group Finals			
Female	100m	Breaststroke	Final	Female	50m	Breaststroke	Final
Open/Male	50m	Butterfly	Final	Open/Male	100m	Butterfly	Final